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## 2017 Reviews from Organizations and Schools Using Healthy Relationships 101

“I am working with addiction and mental health clients. Many of the triggers to previous behavior have been sighted as a reaction to poor communication and confrontation with loved ones. We meet 2 hours a week and do one unit at a time depending on where the conversation goes.

Clients are now forming articulate, empathic, nonjudgmental requests as we are finishing session 4. We do pairs, role plays and I give homework which uses the new skills and clients report back how it worked for them or what they experienced. Positive feedback has prompted me to start a new group with new people so more people can benefit.”

Stephanie Sireix, MS, LPC, CADC I, QMHP  
Polk County Behavioral Health  
Dallas, Oregon

“We are very excited about this guidebook—possibly even more than before we began—and are so grateful to be able to share it. Thank you for keeping in touch and for your guidance.

We are currently using the guidebook in workshops and seminars for our violence prevention unit in the hospital. We have a father’s workshop to help men who struggle with family roles and responsibility. We are witnessing significant change in our clients and the empathy piece is producing great results. The same goes for the work we do with couples. In addition, we are on the 9<sup>th</sup> session in an alternative high school where students receive English credit for taking our course. They are very engaged by the work.”

Kristen Partlow  
Violence Prevention Coordinator  
Community Health  
CHI St. Joseph's Health  
Park Rapids, Minnesota

“I recommend Michael Jasz and The Relationship Foundation, because after teaching in inner city schools in London and New York City, I have never come across a provider of learning for teachers and students, that addresses the fundamental need in public education for Social and Emotional Learning in such an inspiring and academic way.”

Rebecca M.K. Centeno  
Teacher  
John Adams High School  
Queens, New York

"I am using the curriculum in an alternative school for middle and high schools students. It's been excellent! Many of the students in my groups have behavior problems, self-esteem issues or just plain old teenager issues. The curriculum is really helping them understand thinking of others needs, having empathy, understanding the difference between needs that are met and not, feeling etc. I really enjoy using it, the teachers are so thankful to have me there facilitating it and the counselors/case managers are really excited to see the students start talking about things in a healthy way.

I have been spreading the word about your book and the guide to other advocacy centers and at meetings. It's been well received in my schools and I hope that be it spreads to many, many more. "

Jennifer Azzarano  
Education Specialist  
Beyond Abuse  
Greenwood, SC

"I am a Special Education Teacher with over twenty years' experience working with at-risk youth. I have a degree in Rehabilitation Counseling and currently run the Behavior Program at a large suburban high school. I have worked with children with every type of diagnosis known to medicine and psychology. Throughout my work, I've discovered that in treatment centers, juvenile justice systems, alternative schools, community programs, public schools and case management services for children ages 8-17 diagnosed with Autism, I have seen what remains constant are behavioral challenges. Many of the children in our RTI and Special Education programs are communicating loudly through their behavior but they are not equipped with the vocabulary to reach the people who can help. Having worked with pregnant/parenting teens, kids that were active gang members, and kids that had substance abuse issues and academic issues, I know a curriculum like this could have been of great benefit to them. Healthy Relationships 101 creates a module for increasing relational capacity between students and teachers using best educational practices. "

Donna Wolfe  
High School BASE Teacher  
Behavior Academic Support Education  
Garland, Texas

"We have found the topics to be very relevant and important for our students. Your topics and insights are on point. Since our Advisement periods are relatively short and only meet once a week we have had to pick and pull from the resources provided to create tailored lessons for our teachers to use."

Dianna Moyer  
Assistant Principal  
South Paulding High School  
Douglasville, Georgia

"We're thrilled with the program. We have been using Healthy Relationships 101 in our Life Skills class with Middle and High School students ranging from 10-18. The students are using it to manage sibling, parental and dating relationships. They are aware that relationship skills are some of the most valuable tools that will affect the rest of their lives both personally and academically. This summer, we'll incorporate this program into our co-op classes."

Ty Salvant  
Founder Young Scholars  
Homeschooling Network  
New Orleans, Louisiana

"We have been using the curriculum in class, and it is a great jumping point to keep the kids interested and involved. The content is fantastic, so I appreciate what you guys have come up with!"

Rob Christensen  
Middle School Counselor  
Thompson Falls Public School  
Thompson Falls, Montana

"The program has helped our students not only build self-esteem but it has given them the tools to be effective communicators."

Robert Gentile, Principal  
Health Professions High School  
New York, New York

"Michael led a rich and engaging workshop on the importance of communication in establishing healthy relationships. Michael was a great facilitator, and the students were actively contributing to discussions and activities. They had fun too!"

Sarah Cacicio  
Program Coordinator  
Pathways to Graduation  
Queens, New York

"Upon introducing the empathy lesson, my group members responded with an open mind. They related to the material, which led to a full discussion of their behaviors and the impact it has had on others, giving them an opportunity to step in another's shoes. It provided perspective and understanding of their behavior and its impact on their loved ones and the surrounding community. This population will truly benefit from a fuller understanding of boundaries, empathy, and respect."

Kathleen Burns  
Sex Offender Treatment Counselor  
Otero County Prison Facility  
Chaparral, NM

“I found your curriculum online. I am currently tasked to teach inmates enrolled in the reentry program about marriage. In our last two years of meeting with the brothers at the detention center, we noticed most, if not all, are not married, but are in a relationship of some sort. We decided to focus on relationships with marriage being the goal. My search for a standard curriculum on relationships led me to your site. I reviewed the empathy session in the guidebook and that hooked me.”

Ken Stevenson  
Prison Counselor  
Inmate Reentry Services  
Philadelphia, Pennsylvania